

Code of Conduct for Trainers, Coaches, and Supervisors of T.S.S.V. Braga

A trainer, coach, or supervisor of T.S.S.V. Braga:

Provides a safe environment.

Creates an environment and atmosphere in which social and physical safety are guaranteed and perceived as such. Abides by safety standards and requirements.

Knows the rules and acts accordingly.

Ensure you are aware of the rules and guidelines and apply them. Enable your athletes to learn more about them, for example by taking them to information sessions or informing them about doping, match-fixing, or sexual harassment. Do not improperly interfere with doping control procedures or (doping or disciplinary) investigations.

Is honest and careful.

Be accurate and sincere when stating your experience and positions. Disclose all relevant facts when appointed as trainer, coach, or supervisor. Be able to provide a Certificate of Good Conduct (VOG).

Does not abuse their position.

Be aware of power imbalances and (sometimes) dependency, and do not misuse this position. Do not use your role to exercise power in an unreasonable or inappropriate way. Refrain from any form of (power) abuse, emotional abuse, physical boundary-crossing behavior, including sexually tinted remarks, physical contact, and sexual abuse. All sexual acts, contacts, and relationships with minors are strictly prohibited. You are obliged to report suspicions of sexual harassment or abuse to the club's board, the KNSB, or the Centre for Safe Sport Netherlands.

Does not diminish the dignity of others.

Refrain from discriminatory, derogatory, or intimidating remarks or behavior. Do not make distinctions based on religion, beliefs, political affiliation, race, gender, sexual

orientation, cultural background, age, or other characteristics. Do not exclude anyone and be tolerant.

Sets a good example.

Be a role model for others and refrain from conduct or statements that bring sport into disrepute. Behave courteously and respectfully, and avoid offensive or insulting remarks, including on social media.

Is incorruptible.

Do not accept favors, gifts, services, or compensation in exchange for actions or omissions that compromise the integrity of sport. If something is offered to you with this intention, report it to the club's board and/or the KNSB.

Upholds rules and standards.

Ensure compliance with the regulations, house rules, this code of conduct, and other standards.

Is open and alert.

Be vigilant and attentive to warning signs and do not hesitate to report them to the board and/or the Confidential Contact Person of the club, or contact the KNSB or the Centre for Safe Sport Netherlands.

Is cautious.

Never make information available that has not yet been made public and could be used for betting. Do not bet on the sport in which you are involved.

Is sensible with alcohol.

Do not drink alcohol while coaching and agree with youth teams that no alcohol will be consumed.

Is neutral.

Remain impartial when training and coaching and avoid any (potential) form of conflict of interest.

Shows respect, also online.

Respect this code of conduct in the online world as well. If you would not do something in real life, do not do it online. Be aware that anything you publish on the internet can be found forever.

